

DANCING ON MY HEART

By Eddie Palmquist & Sally Cochran

RECORD: "Dancing on My Heart" - Windsor 4710
POSITION: Intro - Diag Open-Facing; Dance - CP face diag wall & LOD
FOOTWORK: Opposite throughout; Directions for M except where noted

MEASURES

INTRODUCTION

1-4 WAIT; WAIT; APART,--POINT,--; TOG,--TCH,--(to CP);
Wait 2 meas in diag OP-FCG POS M's R & W's L hands joined;; Step apart L,--point R
twd ptr,--; Step tog to CP on R,--tch L to R,-- end CP face diag wall & LOD.

DANCE - PART A

1-4 WALK,--2,--(TRN R 1/8); SIDE,CLOSE,SIDE,--(TRN R 1/8); BACK,--(TRN E 1/8);
SIDE,CLOSE,SIDE,--(TRN L 1/8 to MOD BJO); FWD,--;
CP face diag wall & LOD walk fwd slow L,--fwd slow R turning 1/8 RF,--; Side quick
L twd LOD, close quick R to L, side slow L turning 1/8 R to face diag wall & RLOD,--;
Bwd slow R twd COH & LOD turn 1/8 L end M's back to COH,--; side quick L twd LOD,
close quick R to L; Side slow L turn 1/8 to MOD BJO,--; diag fwd slow R twd wall
& LOD,--;

5-8 FWD,LOCK,STEP,--; (R)TURN,--(FACE RLOD CP),SIDE,CLOSE; PIVOT,--2,--(HEEL PULL);
WALK,--2,--;
In Mod Bjo Pos face diag wall & LOD fwd quick L, side quick RXIB of L (W XIF),
swd & diag fwd slow L,--;fwd slow R commence R turn,--side quick L twd wall continuing
R turn blending to CP face RLOD, close quick R to L; Step bwd on L pivoting 1/2 RF at
same time draw R heel on floor back to L,--; step in place on R,--(W pivot 2); Walk
fwd slow L in LOD,--;fwd slow R turning 1/8 R to face diag wall & LOD,--;

9-16 REPEAT ACTION OF MEAS 1-8.

PART B

17-20 FWD,--(R) TURN,--; SIDE,CLOSE,PIVOT,--; 2,--SIDE,--; BACK,--SIDE,CLOSE;
CP face LOD fwd slow L,--; fwd slow R turning RF,--; Side quick L twd wall continuing
1/2 R turn to face RLOD, close R to L quick, back L pivoting 1/2 RF in 2 slow steps L,--;
R,-- end face LOD in CP, side L twd COH,--; Back twd RLOD slow R,--; side L twd COH,
close R to L;

21-24 (L)TURN,--SIDE,CLOSE; (L)TURN,--RUN,2; STEP,LOCK,FWD,--; (R)TURN,--SIDE,CLOSE;
CP fwd slow L turning 1/4 L M face COH,--; side quick R twd LOD, close quick L to R
turning 1/8 L M face COH & RLOD; Back slow R turning 5/8 LF to MOD BJO face LOD,--;
run LOD quick L,quick R; Fwd quick L, XRIB for lock step, fwd LOD slow L,--; Fwd
slow R turning 1/4 R & blending to CP M's bk to COH,--; side quick L twd LOD, close
quick R to L; (Note: Meas 24 blends over to Meas 25)

25-28 SIDE CHECK,-- (POLKAPOINTS) STEP SWING,--; STEP SWING,-- STEP SWING,STEP SWING;
STEP SWING,--FWD,LOCK; FWD,-- (R)TURN,--;
Side slow L twd LOD & check slight knee bend,--; step in place slow R at same time
swing L swd,--; Step in place slow L at same time swing R to side,--; step quick R
in place swing L to side, step in place quick L swing R to side; Step in place
slow R swing L to side,--; fwd quick L blend MOD BJO, XRIB of L for lock step; In
MOD BJO fwd slow L,--; fwd R turning R blending to CP,--; (Note: Meas 28 blend with
Meas 29)

29-32 SIDE,CLOSE,PIVOT,--; 2,--SIDE,--; BACK,--SIDE,CLOSE; WALK,--2,--;
Side quick L completing 1/2 R turn started Meas 28 blend CP face RLOD, close quick R
to L, bwd L pivoting 1/2 RF in 2 slow steps L,--; R,-- end face LOD in CP, side slow L
twd COH,--; Back slow R twd RLOD,--; side quick L twd COH, close quick R to L; Walk
fwd LOD 2 slow steps L,--R,--;

SEQUENCE: AAB -- AAB

TAG: ON MEAS 32 second time thru in place of 2 walks step apart L,--point R,--; M's R &
W's L hand joined

* All locks W XIF